



Hygiene Habits

卫生习惯

Cover your mouth.

捂住嘴巴。

Cover your nose.

捂住鼻子。

Turn away when you cough.

咳嗽时转头。

Use a tissue.

用纸巾。

Put it in the trash.

丢进垃圾桶。

Flush the toilet.

冲马桶。

Wash your hands.

洗手。

Use soap.

用肥皂。

Rinse your hands.

冲洗手。

Dry your hands.

擦干手。

Don't pick your nose.

不要抠鼻子。

Don't bite your nails.

不要咬指甲。

Put on your mask.

戴上口罩。

Keep your distance.

保持距离。

Stay home if you're sick.

生病了就待在家。